

OCR Life and Living Skills Record of Assessment and Evidence

Unit No D6, QCF Unit Ref T/602/0016, Entry Level 1

## Home Management

### Preparing Drinks and Snacks - D6

Name:

Course: Life Skills and Catering

Tutor: Emma McLaren

Date started \_\_\_\_\_ September 2019 \_\_\_\_\_

Date Completed \_\_\_\_\_

I verify that this is all my own work

Learner Signature \_\_\_\_\_

**LO1: The learner will be able to be involved in preparing drinks safely**

1.1 Take part in preparing a variety of drinks

Making a mug/cup of tea



Making a mug/cup of coffee



Making a mug/cup of hot chocolate



Making a glass of cordial



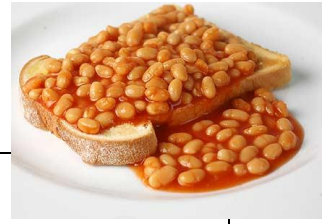
1.2 Follow basic safety rules when preparing drinks.

Tick the safety rules you followed when preparing your drinks.



<u>Safety Rules</u>	<u>✓ or X</u>
1. Wash hands before preparing drinks	
2. Make sure cups/mugs etc. are clean.	
3. Put an apron on.	
4. Fill the kettle with the appropriate amount of water - do not overfill.	
5. Make sure hands were dry before switching kettle on at electrical socket.	
6. Wash up while waiting for the kettle to boil.	
7. Use the correct size spoons to measure quantities required	
8. Poured boiling water into cup carefully, not holding handle of the mug	
9. Carefully take drink into classroom - put on the table	
10. Clean up any spills	

**LO2: The learner will be able to be involved in preparing snacks safely**



**1. Snack prepared**

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**2. Snack**

**prepared**.....



**3. Snack**

**prepared**.....

## 2.2 Follow basic safety rules when preparing snacks



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