

Rainbow School Day

09:00 – 09:15	Movement Time
09:15 – 09:30	Greetings and Phonics
09:30 – 10:00	Literacy and Workstations
10:00 – 10:15	Choose Time
10:15 – 10:45	Maths and Workstations
10:45 – 11:15	Snack and Outside Play
11:15 – 11:45	Directed Play
11:45 – 12:00	Big Playground Play
12:10 – 13:10	Lunch and Outside Play
13:10 – 13:30	Relaxation Time
13:30 – 14:15	Afternoon Activity
14:15 – 14:30	Soft Play/Sensory Room
14:30 – 14:45	Snack Time
14:50 – 15:00	Home Time

