

WEEK 3



Choose from...

Main

Fish

Vegetarian

Combo



...and to finish!

Bread and Salad will be available at Lunch Times

MONDAY

Sausage

to go with

Broccoli, Carrots, Mashed
Potato, Gravy

Fish Fingers

to go with

Mashed Potato, Peas, Sweetcorn

Quorn Sausages

to go with

Mashed Potato, Peas, Sweetcorn

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Warm Chocolate Muffin

Fresh Fruit, Yoghurt, Cheese and Biscuits, Jelly

NO COLO

TUESDAY

Tomato Pasta Bake

to go with

Broccoli, Carrots

Cod in Batter

to go with

Broccoli, Carrots, Homemade Potato Wedges

Homemade Crispy Vegetable Nuggets

to go with

Broccoli, Carrots, Homemade Potato Wedges

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Apple Crumble

to go with Custard

Fresh Fruit, Yoghurt, Cheese and Biscuits, Jelly WEDNESDAY

Roast Chicken

to go with

Cauliflower, Peas, Roast Potatoes, Gravy, Boiled Potatoes

Breaded Fish Goujons

to go with

Cauliflower, Peas, Roast Potatoes, Boiled Potatoes

Quorn Fillet

to go with

Cauliflower, Peas, Roast Potatoes, Gravy, Boiled Potatoes

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Cheesecake

to go with

Fresh Fruit, Yoghurt, Cheese and Biscuits, Jelly THURSDAY

Meatballs with Tomato Sauce

to go with

Pasta, Peas

Fish Cake

to go with

Baked Beans, Peas, Homemade Potato Wedges

Vegan Meatballs in a Tomato Sauce

to go with

Pasta, Peas

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

> Chocolate Angel Delight

Fresh Fruit, Yoghurt, Cheese and Biscuits, Jelly FRIDAY

Fish Fingers

to go with

Baked Beans, Chips, Sweetcorn

Cheese & Tomato
Pizza

to go with

Baked Beans, Chips, Sweetcorn

Jacket Potato

with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo

Strawberry Iced Smoothie

Fresh Fruit, Yoghurt, Cheese and Biscuits, Jelly

 ${\bf Please\ speak\ to\ a\ member\ of\ the\ Catering\ Team\ or\ view\ relishs chool food. co.uk\ for\ Allergen\ Information}$